

Iowa KidSight

is made possible with support from
our partners:

Iowa Lions Foundation

Iowa Department of Health and
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Iowa Optometric Association

IOWA Health Care, Department of
Ophthalmology and Visual Sciences

United Iowa Financial

ACT

Delta Gamma Sorority at the
University of Iowa

Individual Iowa Lions Clubs and
Members

Various Community foundations
throughout Iowa

Contact Us

To schedule a
FREE vision screening

Email: KidSight@uiowa.edu

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Coralville, IA 52241

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A Joint Project of the Lions Clubs
of Iowa and the Department of
Ophthalmology & Visual Sciences
at the University of Iowa Health Care
Stead Family Children's Hospital

IOWA
HEALTH CARE

Stead Family
Children's Hospital



FREE Vision Screenings for
Children Aged 6 months
through Kindergarten.

What Do We Do?

IOWA KIDSIGHT is a **FREE** vision screening program for young children in Iowa. Lions Club volunteers throughout Iowa organize and conduct vision screening sessions for children aged 6 months through kindergarten. Screening results are interpreted by trained staff and returned to families and screening sites.

Why Should My Child's Vision Be Screened?

It is critical for children to be screened to detect potential risk factors that might hinder a child's visual development.

Iowa KidSight screens for the following risk factors: **Far-and- near sightedness, astigmatism, anisometropia, anisocoria, strabismus (misaligned eyes), and media opacities (e.g., cataracts)**

These potential eye conditions are not always evident. In some cases, each day they go undetected and untreated, a child's vision may deteriorate to the point of becoming untreatable. The earlier these conditions are detected, the more easily and successfully they can be treated.

Children should be screened yearly because untreatable vision conditions may change as a child grows older.

How Is Vision Screening Done?

Vision screenings are conducted simply by taking an image of a child's eyes, using a special device operated by trained volunteers from local Lions Clubs.

Understanding Screening and Follow-Up:

The images from the child's vision screening are reviewed by a specialist in the **Department of Ophthalmology and Visual Sciences at Iowa Health Care Stead Family Children's Hospital.**

Vision screening results are distributed approximately two to four weeks after the screening. If a potential vision problem is detected, a packet containing the screening results, a referral letter, and contact details for eye care professionals will be provided.

Individual health insurance or Medicaid should cover most exams; however, plans will vary. We recommend contacting your care provider or your insurance company for more information.

An Iowa KidSight screening satisfies the vision screening requirement for children entering kindergarten in Iowa.

Success Stories

Our program's comprehensive vision screenings have successfully detected and treated vision issues in thousands of children across the state, ensuring early intervention and optimal visual health.

We invite you to be a part of our ongoing journey. Together, let's create more success stories like this one:



"We are so grateful for this screening and the opportunity to set our child up for developmental success without vision being an obstacle. The day she put on her glasses for the first time she said, 'I can see a rainbow of colors and it's beautiful'"

-parent quote



Use the QR Code to share your Iowa KidSight Success Story!

